



Our menus are planned to meet the food based standards for food in schools and are checked using a recognised programme to analyse nutrition. Over 75% of our dishes are homemade and freshly prepared using tried and tested traditional recipes we know children will love and there's always seasonal fresh fruit, salad and vegetables available daily along with a bread basket and fresh water freely available.

Week 1

	Monday	Tuesday	Wednesday	Thursday	Fun Friday					
<b>Hot Meal Options</b>	<b>Grilled Gammon Slice</b> served with herby diced potatoes and beans <i>New*</i>	<b>Homemade Cheese Whirl</b> served with baked beans V	<b>Chicken Pie</b> served with creamed potatoes, fresh chopped carrots and gravy <i>New*</i>	<b>Cheese and Tomato Pizza</b> served with sunshine sweetcorn and crunchy chopped salad V	<b>Cook's Roast Chicken Dinner</b> served with creamed potatoes, seasonal vegetables and gravy V	<b>Macaroni Cheese</b> served with crusty garlic bread V	<b>Chicken Curry</b> served with 50/50 rice, warm naan bread and sunshine sweetcorn V	<b>Tomato, Garlic and Basil Pasta Bake</b> served with fresh seasonal vegetables and crusty garlic bread V	<b>Bird's Eye Fish Fingers (2)</b> served with oven baked chips and peas	<b>British Pork Sausage</b> served with chips and peas
<b>Daily Hot Selection</b>	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.					
<b>Cold Option</b>	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts					
<b>Dessert</b>	Cook's Homemade Decorated Carrot Cake or Juicy Chopped Fresh Fruit or Yoghurt	Sliced Peaches In Juice served with Ice Cream or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Homemade Shortbread Biscuit or Juicy Chopped Fresh Fruit or Yoghurt	Chocolate Crunch or Juicy Chopped Fresh Fruit or Yoghurt	<i>New*</i> Millionaire's Shortbread or Juicy Chopped Fresh Fruit or Yoghurt					

Week 2

	Monday	Tuesday	Wednesday	Thursday	Fun Friday					
<b>Hot Meal Options</b>	<b>Cheese and Tomato Pizza</b> served with sunshine sweetcorn and crunchy chopped salad V	<b>Tomato, Garlic and Basil Pasta Bake</b> served with fresh seasonal vegetables and crusty garlic bread V	<b>Beef and Onion Pie</b> served with herby diced potatoes and mixed vegetables	<b>Southern Style Chicken</b> served with herby diced potatoes and mixed vegetables	<b>Cottage Pie</b> Served with seasonal vegetables, beetroot and gravy V	<b>Homemade Cheese Whirl</b> served with baked beans V	<b>Chicken Curry</b> served with 50/50 rice, warm naan bread and sunshine sweetcorn V	<b>Cheese Panini</b> Half cheese panini, served with potato wedges and freshly chopped salad V	<b>Breaded Fish Stars</b> served with oven baked chips and peas <i>New*</i>	<b>Crispy Chicken Fillet</b> served with oven baked chips and sunshine sweetcorn
<b>Daily Hot Selection</b>	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.					
<b>Cold Option</b>	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts					
<b>Dessert</b>	Fresh Baked Iced Sponge or Juicy Chopped Fresh Fruit or Yoghurt	Decorated Fruit & Jelly or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Homemade Ginger Biscuits with Juicy Pears or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Chocolate Muffin or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Homemade Shortbread Biscuit or Juicy Chopped Fresh Fruit or Yoghurt					

Week 3

	Monday	Tuesday	Wednesday	Thursday	Fun Friday					
<b>Hot Meal Options</b>	<b>Pasta Bolognese</b> served with a medley of mixed vegetables and crusty garlic bread	<b>Chicken Fajita Wrap</b> served with herby diced potatoes and mixed vegetables	<b>Meat and Potato Pie</b> served with garden peas and gravy	<b>Cheese and Tomato Pizza</b> served with sunshine sweetcorn and crunchy chopped salad V	<b>Cook's Roast Chicken Dinner</b> served with creamed potatoes, carrots, peas and gravy V	<b>Tomato, Garlic and Basil Pasta Bake</b> served with fresh seasonal vegetables and crusty garlic bread V	<b>Chicken Curry</b> served with 50/50 rice, warm naan bread and sunshine sweetcorn V	<b>Cottage Pie</b> Served with seasonal vegetables, beetroot and gravy V	<b>Harry Ramsden's 100% Fish Fillet</b> served with oven baked chips and mushy peas	<b>Vegetarian Sausage Roll</b> served with oven baked chips and beans V
<b>Daily Hot Selection</b>	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.	V <b>Jacket Potato</b> with choice of tasty fillings and crunchy chopped salad.					
<b>Cold Option</b>	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts	<b>Percy Pea Pod Packed Lunch</b> Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts					
<b>Dessert</b>	Cook's Homemade Apple Flapjack or Juicy Chopped Fresh Fruit or Yoghurt	<i>New*</i> Chocolate & Mandarin Delight or Juicy Chopped Fresh Fruit or Yoghurt	<i>New*</i> Marble Sponge and Custard or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Assorted Fresh Baked Fruit Cookies or Juicy Chopped Fresh Fruit or Yoghurt	Fresh Baked Decorated Muffin or Juicy Chopped Fresh Fruit or Yoghurt					

Key V for Vegetarian Foods

